

## Academy Nominations

Each member of Congress, either in the House of Representatives or the Senate, is allowed a total of five appointees in each service academy. For each vacancy, I am allowed to nominate ten individuals. Learn more about the [Service Academy Nomination process](#) .

## Flying Flag Over Capitol

[Purchase a U.S. flag through my office.](#) There is no limit on the number of flags you may order. You may also request that your new flag be flown over the Capitol. Flags may be flown for a particular person, event, or organization, and may be flown on a specific date. A certificate of recognition is included with each flag.

## Grants

There are thousands of federal grant programs that your organization might be eligible for and I am often asked about what is available. [Learn about the available resources to help eligible grantseekers find information on federal grants, loans, and nonfinancial assistance for projects, as well as on private funding.](#)

## Internships

I run an [internship program](#) accepting college students interested in learning about the operations of a congressional office. In addition to general office support, interns assist my staff with constituent services, Capitol tours, and light research. Interns are also encouraged to attend hearings, lectures, and seminars available in Congress and around the Hill.

## Jobs

[Resources for district residents who are seeking employment](#) .

## Tours

For those constituents [visiting the Washington D.C.](#) area, I am pleased to offer this information on local tours and points of interest. My office can also help you make arrangements for some of the more popular Federal attractions in our Nation's Capital.